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***Solid Motor Mount, 1979-95 (MMSMM-1)***



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*Read all instructions before beginning work. Following instructions in the proper sequence will ensure the best and easiest installation.*

This kit includes:

- 1 Motor Mount, Passenger
- 1 Motor Mount, Driver
- 2 9/16" G8 Flat Washer
- 2 M14-2.0 Lock Nut

1. Remove the stock engine mounts per the instructions detailed in the Ford Manual.

*NOTE: The motor mounts are driver and passenger side specific. Match the MM mounts to the OEM mounts being removed.*

2. Attach the MM mounts to the engine block using the stock mounting bolts. The bolts must be finger tight.

*NOTE: The mounts must be free to shift around on the mounting bolts.*

3. Lower the engine so that the motor mounts just contact the K-Member. You should be able to shift the engine around slightly by hand.

*NOTE: It may be necessary to shift the engine around while it is lowered in order to insert the mounting studs into the k-member mounting holes.*

4. Install a 9/16" G8 washer and M14 lock nut onto each of the motor mount studs. Torque the nuts to 94 ft-lb.
5. Release any tension on the engine hoist or jack supporting the engine, so that the full weight of the engine is sitting on the K-Member.
6. Torque the bolts connecting the motor mounts to the engine block to 55 ft-lbs.